



Canadian Academy of Health Sciences
Académie canadienne des sciences de la santé

CANDIDACY FORM

Last name	Liu-Ambrose
First name(s)	Teresa
Middle initial (if used)	
Pronoun (she/her, he/his, them/their, other)	She/her
Discipline within the academy	Rehabilitation Sciences
Employer	University of British Columbia
Current position	Professor, Tier 1 Canada Research Chair in Healthy Aging
Link to bio	See Link
Province	BC
City	Vancouver
Gender (male, female, other, would rather not say)	Female
Equity-deserving group (please identify)	Women, Visible Minority
Board position that you are interested in: Director for Rehabilitation Sciences	



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I am a Professor and a Tier 1 Canada Research Chair in Healthy Aging at the University of British Columbia, Department of Physical Therapy. I direct the Vancouver General Hospital's Falls Prevention Clinic (www.fallsclinic.ca) and co-direct the Centre for Aging SMART at Vancouver Coastal Health. I lead the Canadian Longitudinal Study on Aging (CLSA) Data Collection Site at UBC and co-lead the CLSA Healthy Brains, Healthy Aging initiative.

My research focuses on understanding the role of exercise, and other lifestyle interventions, in promoting cognitive and mobility outcomes in older adults. My research findings have been implemented into clinical practice, community programs, and international practice guidelines or recommendations to promote healthy aging.

My involvement with the Canadian Academy of Health Sciences has been both rewarding and instructive. I have contributed to the review of Fellowship nominations, an experience that reinforced the breadth and depth of excellence across the health sciences in Canada, while also highlighting the importance of recognizing diverse forms of impact. I also served on the Programs committee, where I worked collaboratively with colleagues to support thoughtful dialogue across disciplines and sectors. These experiences have provided valuable insight into the Academy's role in convening expertise and advancing evidence-informed discussion on complex health issues.

I am interested in serving as Director of Rehabilitation Sciences to help further integrate rehabilitation perspectives into the Academy's work. Rehabilitation is fundamental to health and well-being, yet it is often underrepresented in broader health policy discussions. I see this role as an opportunity to contribute to a more inclusive and comprehensive view of health, one that values function, independence, and quality of life alongside prevention and treatment. I aim to support activities that bring rehabilitation expertise into assessments and forums, and strengthen connections between researchers, clinicians, and decision-makers.

More broadly, I am motivated by the Academy's commitment to providing independent, evidence-based advice that serves the health of Canadians. I value collaborative approaches and the opportunity to work alongside colleagues from diverse disciplines to address shared challenges. Serving in this role would allow me to contribute to the Academy in a meaningful way, while continuing to learn from and support a community dedicated to advancing health and health science in Canada.