Health solutions for indigenous health and well-being

KEYNOTE ADDRESS

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It is time
It is possible
It needs a mind shift
It will take time
The indigenous example in Aotearoa New Zealand
change of discourse and mind set
indigenous control of indigenous health agenda
deeper engagements and relationships
drawing from indigenous knowledge, language and culture
co-production of new knowledge and practices with and across multi-stakeholders
capacity development of indigenous and non indigenous people and institutions across whole range of health expertise
investing in the cultural interface and cross cultural leadership and courage
moving beyond short term ‘programmatic and incremental change approaches’ to inter-generational and community paradigmatic approaches’
 mapping and uncovering inequities while simultaneously searching for solutions
make policy matter as a facilitating instrument
investing in translational research, sharing knowledge and success
establishing new fit for purpose networks, connections, partnerships, organisations
‘giving things a go’ and going on the journey
having a theory of change
final thoughts

- indigenous capacity is important to indigenous health solutions
- indigenous engagement and participation requires system change otherwise it is simply another form of assimilation
- system capacity has to be fit for purpose not just tinkered with
- success begets success, aspirations change over time, indigenous peoples will need more not less support
- it is not possible to punish a people into good health or bore them to life with poorly conceived policies, badly implemented and evaluated and lacking in legitimacy
- a body of relevant scientific knowledge already exists, translation knowledge is patchy at best and many good ideas falter through poor implementation
- society is better off if indigenous people are healthy, better indigenous health does not mean poorer non indigenous health, good health is an expanding possibility not a finite resource that should be captured by the wealthy, and non indigenous communities