

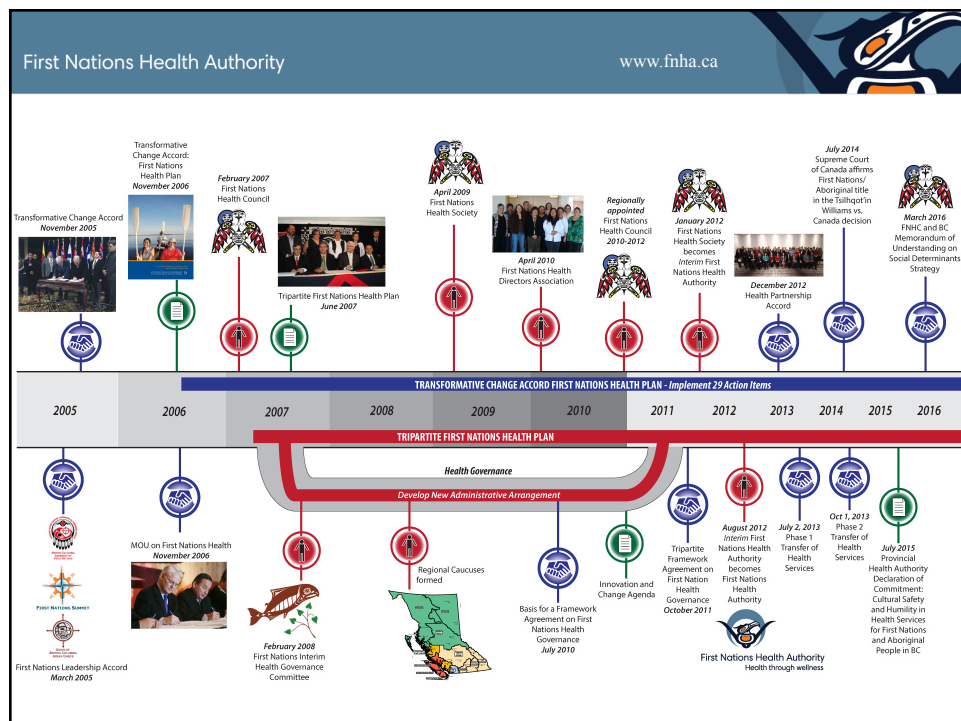
**First Nations Health Authority**  
Health through wellness

## The First Nations Health Authority

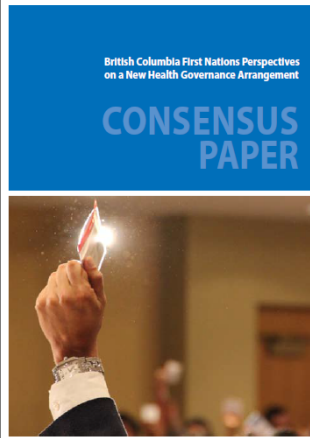
BC's new health partnership is an act of reconciliation

September 15, 2016

Presented by: Joe Gallagher, CEO, FNHA  
Tla'amin Nation



## Exercising Governance to build a Tripartite Partnership

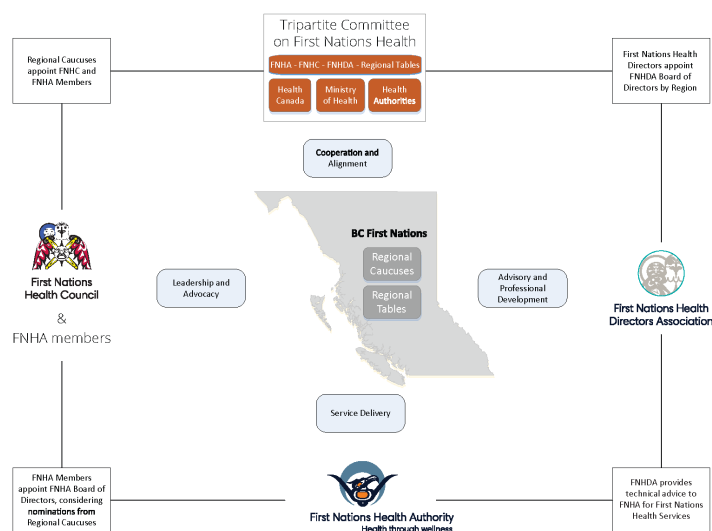


**Reciprocal accountability:** we will work together at all levels in a collaborative manner to achieve our shared goals, living up to our individual and collective commitments.

It means that each Partner is accountable to the others for its actions, and for the effective implementation and operation of their responsibilities and systems, recognizing that our work as Partners is interdependent and interconnected.

It means that we strive not only to live up to one another's expectations, but strive to exceed them." (Health Partnership Accord, December 17, 2012)

## First Nations Health Governance Structure



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## Our Common Foundation

### Our Vision


Healthy, self-determining and vibrant, BC First Nations children, families and communities

### Our Values

Respect, Discipline, Relationships, Culture, Excellence & Fairness

### Our Directives

1. Community Driven, Nation Based
2. Increase First Nations Decision-Making
3. Improve Services
4. Foster Meaningful Collaboration and Partnerships
5. Develop Human and Economic Capacity
6. Be without Prejudice to First Nations Interests
7. Function at a High Operational Standard

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## Approach of the FNHA

- **“Nothing for us without us”**
- FNHA created to advance a holistic First Nations Perspective on Health & Wellness
- Supporting individuals, families, and communities to be self-determining
- Working at all levels of the health system simultaneously
- Develop policy that works for First Nations
- Articulating First Nations views about health and wellness

Ministry of Health/  
Health Canada
Provincial Health  
Services Authority
Regional Health  
Authorities

**FNHA**

The infographic is a hand-drawn diagram illustrating the concept of 'TRANSFORMING THE SYSTEM' in the context of health and wellness. At the top, a large, stylized sun or flower shape is divided into segments representing different levels of influence: 'Me', 'Family', 'Community', 'Nations/Subregions', 'Region', and 'Provincial'. A central circular diagram is divided into four quadrants: 'ENVIRONMENTAL' (top-left), 'SOCIAL' (top-right), 'HUMAN BEING' (bottom), and 'CULTURAL' (bottom-left). Each quadrant contains a list of factors: 'ENVIRONMENTAL' includes 'Physical', 'Random', 'Cultural', and 'Community'; 'SOCIAL' includes 'Values', 'Beliefs', 'Spiritual', and 'Religious'; 'HUMAN BEING' includes 'Genetics', 'Mental', 'Emotional', and 'Physical'; 'CULTURAL' includes 'Language', 'Traditions', 'Customs', and 'Beliefs'. To the left of the central diagram, a person is drawn with the text 'It starts with ME!'. To the right, a large bird (likely a raven or crow) is drawn with the text 'CULTURAL HUMILITY'. Below the bird, a list of 'PARTNERS' is provided: 'Health Authorities', 'Educational institutions', 'Professional Associations', and 'Regulating bodies'. At the bottom, a large, stylized feather is drawn with the text 'TRANSFORMING THE SYSTEM'. To the left of the feather, a graph shows 'HEALTH & WELLNESS' on the y-axis and 'ACUITY' on the x-axis. A red line with an 'X' is drawn on the graph, indicating a negative correlation. To the right of the feather, a small map of British Columbia is shown with the text 'First Nations Health Council' and 'First Nations Health Authority Health through wellness'.

- **Cultural Competency** is something that we strive for.
- **Cultural Humility** is the only way we get there.
- With an open heart and open mind, we can increase the space for **Cultural Safety**.



## FNHA's vision for Cultural Safety & Humility

The FNHA envisions a future where First Nations people have a new relationship with their care providers.

- One which is based on mutual respect, understanding and reciprocal accountability.
- One that provides an understanding of what Health & Wellness means to the First Nations people that are seeking care that we are responsible to provide.
- One that resets the balance of power between a care provider and the client we are here to serve, clients who deserve respect and have a right to access the best service we are able to deliver.
- One that provides for a health system that has mechanisms that proactively and effectively addresses appropriate actions and behaviours within the operations of the various health institutions.

And we will know that we've achieved cultural safety when the voice of the people receiving our services tells us we have.



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Cultural Safety and Humility in Health Services Delivery for First Nations and Aboriginal Peoples in British Columbia

Cultural Safety and Humility Resource Booklet:  
[www.fnha.ca/culturalhumility](http://www.fnha.ca/culturalhumility)

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## FNHA's approach to Research

*With evidence grounded in Indigenous ways of knowing, we work to promote appropriate ways of gathering and sharing knowledge, to support leaders and planners in achieving the highest level of health and wellness among BC First Nations.*

DIRECTIVE 1	DIRECTIVE 2	DIRECTIVE 3	DIRECTIVE 4	DIRECTIVE 5	DIRECTIVE 6	DIRECTIVE 7
Community-driven, Nation-based Projects	Increase First Nations Decision-making through OCAP®	Improving Services through Meaningful and Beneficial Knowledge	Meaningful Collaboration that Promotes Best Indigenous Practices	Human Capacity through Focus on Wellness and Strength	Honouring all Protocols, Agreements, and Rights and Title	Transparency, Ethics, Governance, and Cultural Appropriateness

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Howa'a Welálin Mahsi' Cho Pinamaya Wnecweh  
"Haida" Mi'kmaq Gwich'in Nakota Menominee

Nitsiniyi'taki Walas Gnaaxa Kimana skotmitin  
Blackfoot Bella Bella Cree

Hay ce:p q'ð Guneshcheesh  
Musqueam G'ingit

Eeshneesh Kukwtsetsemc  
Filipino Shuswap

Hey che:wx Musicho  
Squamish Déne

Mingwetch Yokoke ?ul-nu-msh-chxw Yontonwe  
Ojibway Chaco Coast Salish (Sechelt) Huron

Kwkwstumulh kalap Merci Ha'miya Gilakas'la  
St'at'imc Michif (Métis) Gitksan Kwakwaka'wakw

Wliwni Tooyaksim nishim Kwas' Hoy Lim Lim  
Ahtenik Nisga'a (Halgamitsan) Okanagan

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