



Scientific advice for a healthy Canada Conseil scientifique pour un Canada en santé

















CELEBRATING THE 10TH ANNIVERSARY OF THE CAHS

EVENT PROGRAM

Forum & Annual General Meeting

Thursday & Friday, 17 & 18 September, 2015
Fairmont Château Laurier, Drawing Room
1 Rideau Street, Ottawa

AGENDA

07:00 – 08:00	REGISTRATION AND BREAKFAST Location: Drawing Room, Ground Floor
08:00 – 12:00	MAJOR FORUM Location: DRAWING ROOM, GROUND FLOOR
12 :00 - 13:15	LUNCHEON Location: LAURIER ROOM, GROUND FLOOR
13:15-17:10	MAJOR FORUM Location: Drawing Room, Ground Floor
18:00 – 19:00	RECEPTION Location: LAURIER ROOM, GROUND FLOOR Business dress
19:00 – 22:00	EVENING PROGRAM Location: LAURIER ROOM, GROUND FLOOR Business dress
	- THE PAUL ARMSTRONG LECTURE
	- Induction Ceremony and Dinner



THE RISING TIDE OF DEMENTIA IN CANADA: FACING THE CRITICAL CHALLENGE BY 2025

Objectives:

- To present the current science and landscape on the impact of dementia
- To explore prevention, care models and innovation strategies
- To develop the foundation for a CAHS major assessment to address the projected impact of dementia and potential solutions by 2025

Our Canadian society, along with other developed and populous developing countries, is facing an unprecedented demographic shift to populations over age 65. This shift is projected to bring with it a rising tide of dementia in the coming decades. This will reshape our landscape, socially, economically, medically and politically. It will tax our delivery of care, our environment, and the sustainability of our current health care system. In turn, we can anticipate enormous social, economic, medical and political challenges. This raises a call to our scientific community to mobilize on numerous fronts to identify critical gaps and potential opportunities to innovate, given the lead time available.

While much hope is pinned on finding an effective treatment for Alzheimer's disease by 2020-2025 as a major anchor piece of the public agenda, there are many other approaches that will need to be supported and developed to address the challenge: prevention, adaptation of systems of care, and innovative practices and technologies.

The prevention of dementia, through modification of risk factors, holds the potential to remarkably reduce disease prevalence. Estimates are that if dementia could be delayed by five years over the next three decades, through effective intervention, the prevalence would be reduced by 50%. An increased emphasis on the public health aspect of this disorder, with focus on successful brain health promotion and modification of risk factors in mid-life, is needed as are strategies to promote quality of life for those affected and education and awareness for them and their families. Our systems of care will need to adapt, both at the community and institutional level, addressing the workforce, delivery systems, long standing quality of care issues and integration of efforts that will be needed. Rapidly evolving innovative technologies, including robotics, driverless cars, sensors and built environments, all hold the potential to help address unmet needs though require significant development, testing, and investment to support their advancement to point of care.

We look forward to this symposium which will bring together a wide range of the different strategies that need to be put in place over the next decade to address the challenge. A major focus will be to engage the audience in helping set the groundwork for an assessment by the CAHS.

Thank you for participating in the 2015 CAHS Forum.

Sincerely,

CAROLE ESTABROOKS AND HOWARD FELDMAN FORUM CO-CHAIRS

The Academy is most grateful for the contributions of members of the Standing Committee on Annual Meeting Planning (SCAMP)
- Drs. John Cairns, Gloria Gutman, Carol Herbert (Chair), Tom Marrie and Chris Naus - for their wise counsel in the planning of this event.



¹ Brookmeyer R, Gray S, Kawas C. Am J Public Health, 1998, v88, 9: 1337-42

AGENDA

08:00-08:10	Welcome	JOHN CAIRNS, President
08:10-08:20	Opening Address	CAROLE ESTABROOKS* AND HOWARD FELDMAN*, Forum Co-Chairs
08:20-08:30	Opening Address	YVES JOANETTE*, SCIENTIFIC DIRECTOR, CIHR INSTITUTE OF AGING
08:30-09:00	Keynote Address	A CURRENT GLOBAL PERSPECTIVE ON THE EPIDEMIOLOGY AND NATURE OF THE DEMENTIAS, THEIR GLOBAL IMPACT, PRESSING CHALLENGES AND WHAT IT WOULD MEAN IF DEMENTIA WERE A MAJOR PUBLIC HEALTH PRIORITY BRIEF Q & A FOR CLARIFICATION Speaker: Sube Baneriee
		Sube Banerjee MBE, MB BS MSc MBA MD FRCPsych is Professor of Dementia and Associate Dean at Brighton and Sussex Medical School, directing its Centre for Dementia Studies. Clinically he works as an old age psychiatrist. He served as the UK Department of Health's senior professional advisor on dementia leading the development of its National Dementia Strategy. He is active in health system development and works with industry and governments on health systems, policy and strategies to improve health for older adults with complex needs and those with dementia. An active researcher, he focusses on quality of life in dementia, evaluation of new treatments and services, and the interface between policy, research and practice. He has been awarded national and international awards for work in policy and research in dementia.
09:00-09:10	Academy discussion	What are the critical questions Canada is facing to prepare for the anticipated rise in dementia by 2025?
09:10-09:40	Keynote Address	THE REAL POTENTIAL TO PREVENT ALZHEIMER'S DISEASE BRIEF Q & A FOR CLARIFICATION Speaker: MIIA KIVIPELTO
		Miia Kivipelto is professor of Clinical Geriatric Epidemiology at Karolinska Institutet and a senior geriatrician at the Karolinska University Hospital. Her research focuses on prevention, early diagnosis and treatment of cognitive impairment, dementia and Alzheimer's disease (AD). Through epidemiological studies she has identified midlife vascular and lifestyle risk factors for later dementia/AD and aims to build on these observations to improve knowledge transfer and public awareness and to design intervention trials to mitigate these factors including lifestyle manipulations, such as exercise interventions.
09:40-10:00	Plenary with panel discussion	PANEL 1: STATE OF BIOLOGICAL AND EPIDEMIOLOGICAL SCIENCE Panel Chair: Howard Feldman* Speakers: i. CANADA'S POSITION IN THE GLOBAL SCIENTIFIC EFFORT TO PREVENT, SLOW AND TREAT DEMENTIA HOWARD CHERTKOW* ii. WHAT ARE THE CRITICAL SCIENTIFIC CHALLENGES IN THE EFFORT TO PREVENT, SLOW AND TREAT DEMENTIA HOWARD FELDMAN*
10:00-10:30	Rapid Fire Panel	WHAT OPPORTUNITIES AND CHALLENGES STAND OUT IN THE CANADIAN ENVIRONMENT?
	Academy discussion	Speakers: Sube Banerjee, Miia Kivipelto, Howard Chertkow*, & Howard Feldman*
10:30-10:45	u130u331011	Вгеак



10:45-11:45	Plenary with panel

discussion

PANEL 2A: MILDER STAGES OF DEMENTIA: THE COMMUNITY AND SYSTEMS OF CARE

PANEL CHAIR: CAROLE ESTABROOKS*

KEY GAPS AND PROMISING DIRECTIONS IN OUR EFFORTS TO SUPPORT PERSONS WITH MILDER STAGES OF

DEMENTIA, THEIR FAMILIES AND CAREGIVERS

Rapid Fire Panel

HOME & COMMUNITY SERVICES

i. HOME/COMMUNITY CARE, INTERSECTION OF FORMAL & INFORMAL CARE ANNE MARTIN-MATTHEWS*

ii. Rural and remote dementia care Andrew Kirk

iii. INTEGRATED SYSTEMS OF CARE HOWARD BERGMAN*

Academy Discussion What do we need to address in community systems of care and services for individuals and

THEIR FAMILIES/CAREGIVERS WITH EARLIER DEMENTIA OVER THE NEXT DECADE?

END OF MORNING SESSION

12:00-13:15

LUNCH LAURIER ROOM, GROUND FLOOR

Speakers:

13:30-14:45

Plenary with panel

discussion

PANEL 2B: LATER STAGES OF DEMENTIA: CHANGING NEEDS AND RESOURCES

PANEL CHAIR: CAROLE ESTABROOKS*

Rapid fire panel

KEY GAPS AND PROMISING DIRECTIONS IN OUR EFFORTS TO SUPPORT PERSONS WITH MORE ADVANCED

DEMENTIA, THEIR FAMILIES AND THEIR UNPAID CAREGIVERS IN LATE LIFE

ADVANCED DEMENTIA CARE SERVICE CHALLENGES FOCUSING ON INSTITUTIONS SETTINGS

Speakers:

i. END OF LIFE CARE ACUTE AND CONTINUING CARE SETTINGS KELLI STAJDUHAR

ii. QUALITY OF CARE AND LIFE — RESIDENTIAL SETTINGS CAROLE ESTABROOKS*

Academy

Discussion

What do we need to address in institutional settings of care and services for people with

LATER AND ADVANCED DEMENTIA OVER THE NEXT DECADE?

Rapid fire panel

CAPACITY AMONG PAID AND UNPAID DEMENTIA CAREGIVERS, PROJECTIONS, BURDEN, COSTS

THE FORMAL WORKFORCE - CHALLENGES TAMARA DALY iii.

iv. THE INFORMAL WORKFORCE: THE COSTS OF 'UNPAID' CARE GIVING JANET FAST

Academy

Discussion

What do we need to address specific to the formal/paid and informal/unpaid workforce

OVER THE NEXT DECADE?

14:45-15:00

BREAK



Thursday, September 17, 2015 MAJOR FORUM PROGRAM continued

15:00-16:00	Plenary with panel discussion	PANEL 3: MEETING THE CHALLENGE — THE POTENTIAL OF SOLUTIONS PANEL CHAIR: HOWARD FELDMAN*
	Rapid fire panel	i. Dementia Friendly Communities (actual programs) Verena Menec
		ii. TECHNOLOGY & AGING ALEX MIHAILIDIS
		iii. International Innovation – Re-imagining long-term residential Care: Perspectives on
		PROMISING PRACTICES PAT ARMSTRONG
		iv. The built environment (community & residential) Janice Keefe
	Academy Discussion	What are the challenges and opportunities in mobilizing these types of innovative care practice and technological solutions in the next decade?
16:00-17:00	Group process	NEXT STEPS FOR THE ACADEMY GIVEN THE ACADEMY'S OPPORTUNITY FOR INFLUENCE ON PUBLIC POLICY, HOW SHOULD AN ASSESSMENT BE SHAPED?
17:00-17:10	Closing Address	JOHN CAIRNS* President, Canadian Academy of Health Sciences

^{*} Fellow, Canadian Academy of Health Sciences



18:00 RECEPTION

19:00 EVENING PROGRAM

THE PAUL ARMSTRONG LECTURE

Recognizing leadership & commitment to advance academic health sciences through academic service and innovation at local, national and international levels and achievements that are truly extraordinary.

INTRODUCTION BY JOHN CAIRNS, PRESIDENT



HOW CANADA'S HEALTHCARE SYSTEMS CAN REGAIN LOST GROUND

DAVID NAYLOR, OC FRCPC FRSC FCAHS

President Emeritus & Professor of Medicine

University of Toronto

Educated at the Universities of Toronto (MD), Oxford (DPhil) and Western Ontario (FRCPC), David Naylor is Professor of Medicine at the University of Toronto. He served as the University's President from 2005 to 2013, and Dean of Medicine from 1999 to 2005. Naylor founded and led the Institute for Clinical Evaluative Sciences (ICES) from 1991 to 1998. Naylor has co-authored over 300 scholarly publications, and received national and international awards for leadership and scholarship in academe, research, and public policy. He has also been active as an advisor to governments, institutions, and enterprises in Canada and abroad over the course of more than 25 years. Naylor is an Officer of the Order of Canada, a Fellow of the Royal Society of Canada, and a Foreign Associate Member of the US Institute of Medicine.

New Fellow Induction Ceremony

Detail in evening program

22:00 End of session



Agenda

07:00 - 08:00 **BREAKFAST**

Location: Drawing Room, Ground Floor

07:00-07:55 New Fellow Orientation

With John Cairns and Carol Herbert
Location: RENAISSANCE ROOM, MEZZANINE
A buffet breakfast will be served in the room

SPECIAL ANNIVERSARY PRESENTATION



LEARNED SOCIETIES – A REAL VALUE OR A PASTIME FOR AGING ACADEMICS?

Location: DRAWING ROOM, GROUND FLOOR

08:00-08:10 WELCOME & INTRODUCTIONS JOHN CAIRNS, CAHS PRESIDENT

08:10-08:40



PERSPECTIVES FROM THE FOUNDING PRESIDENT OF CAHS PAUL ARMSTRONG MD, FRCPC, FCAHS, FRSC

Paul Armstrong is a Distinguished University Professor, University of Alberta and Founding Director of the Canadian VIGOUR Centre (Virtual Coordinating Centre for Global Collaborative Cardiovascular Research). He serves in a broad range of consultative, editorial and research

leadership roles and has received numerous awards for scholarly and societal contributions. He has published extensively, frequently lectures in national and international academic forums and plays an active leadership role in the conduct of a number of ongoing cardiovascular clinical trials and data safety monitoring boards. Dr. Armstrong's lifelong commitment to the education and training of healthcare professionals as well as his mentoring of trainees and faculty is widely acclaimed and constitutes a key signature of his career. He is internationally recognized for his expertise in acute coronary disease and heart failure and has a particular interest in novel approaches to clinical trial design and their interpretation. Dr. Armstrong was the founding President of the Canadian Academy of Health Sciences (CAHS) and a fellow of the Royal Society of Canada.

08:40-09:10



A VIEW FROM THE PRESIDENT OF CANADA'S EARLIEST ACADEMY GRAHAM BELL PHD, FRSC

Graham Bell is the James McGill Professor and Chair in the Biology Department at McGill University. He has made major advances in understanding several fundamental issues in evolutionary biology and ecology. He has published over 100 papers in leading journals and several

books, including The Masterpiece of Nature (1982), Sex and Death in Protozoa (1988) and Selection (2nd ed, 2008). He received the Prix Léo Parizeau de l'Association francophone pour le savoir, Québec (2002), Prix du Quebec (2004), NSERC Award of Excellence (2008), and the Queen Elizabeth II Diamond Jubilee Medal (2013). He was elected Fellow of the Royal Society of Canada (1994) and Foreign Honorary Member, American Academy of Arts and Sciences (2014). He served as President of the Canadian Society for Ecology and Evolution (2006-2008) and the President of the Academy of Science, Royal Society of Canada (2009-2010). He is currently President of the Royal Society of Canada.





SPECIAL ANNIVERSARY PRESENTATION

10TH ANNIVERSARY INTERNATIONAL LECTURE

Location / Lieu: DRAWING ROOM, GROUND FLOOR

09:10-09:40



VICTOR DZAU MD

President, Institute of Medicine

Victor J. Dzau is President of the Institute of Medicine, Chancellor Emeritus at Duke University and former CEO of the Duke University Health System. Professor Dzau has made a significant impact through his seminal research in cardiovascular medicine and his leadership in health care innovation. He has led efforts in innovation to improve health, including developing the Duke Translational Medicine Institute, Duke Global Health Institute, Duke-

National University of Singapore Graduate Medical School, and Duke Institute for Health Innovation. He has served on the Advisory Committee to the Director of National Institutes of Health (NIH) and chaired the NIH Cardiovascular Disease Advisory Committee. Currently he is a member of the Board of the Singapore Health System and Hamad Medical Corporation, Qatar. He chaired the Global Agenda Council on Personalized and Precision Medicine of the World Economic Forum. Among his many honors are the Gustav Nylin Medal from the Swedish Royal College of Medicine, Distinguished Scientist Award from American Heart Association and the Public Service Medal from the President of Singapore.

09:40-10:00

ACADEMY DISCUSSION

10:00-10:30

BREAK



ANNUAL GENERAL MEETING

The Annual General Meeting is a closed meeting for CAHS Fellows only. The agenda and associated materials will be circulated at the meeting.

NEXT FORUM & ANNUAL GENERAL MEETINGS

Thursday & Friday, September 15 & 16, 2016 Hotel Omni Mont-Royal, Montreal

Thursday & Friday, September 14 & 15, 2017

Fairmont Château Laurier





WE ARE MOST GRATEFUL TO OUR SPONSORS OF THIS YEAR'S EVENT

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Public Health Agency of Canada Agence de la santé publique du Canada

The mission of the Public Health Agency of Canada is to promote and protect the health of Canadians through leadership, partnership, innovation and action in public health. Its role is to:



Agence de la santé publique du Canada

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Public Health Agency of Canada

- Promote health;
- Prevent and control chronic diseases and injuries;
- Prevent and control infectious diseases;
- Prepare for and respond to public health emergencies;
- Serve as a central point for sharing Canada's expertise with the rest of the world;
- Apply international research and development to Canada's public health programs; and
- Strengthen intergovernmental collaboration on public health and facilitate national approaches to public health policy and planning.

http://www.phac-aspc.gc.ca



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CIHR is part of the Health Portfolio which supports the Minister of Health in maintaining and improving the health of Canadians. For more information on the Health Portfolio, visit Health Canada.

http://www.cihr-irsc.gc.ca





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Behind every person with Alzheimer's disease and other dementias, there are hundreds of people dedicated to helping. The Alzheimer Society is the leading not-for-profit health organization working nationwide to improve the quality of life for Canadians affected by Alzheimer's disease and other dementias and advance the search for the cause and cure. Active in communities right across Canada, the Society has programs and services near you. Since 1978, we've been dedicated to providing help for people with Alzheimer's disease and other dementias and their caregivers. That help comes in many ways.

http://www.alzheimer.ca/en



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Our goal is to assist, collaborate with, and fund individuals and organizations conducting health research in the province. The NSHRF exists to improve the health of Nova Scotians through health research. We do this by working with our stakeholders, including provincial government, health authorities, and health researchers on a number of initiatives and funding opportunities. These include but are not limited to:

- Working to support health research in Nova Scotia by nurturing careers, monitoring progress, and championing health researchers provincially, nationally and internationally;
- Offering funding opportunities that reflect contemporary standards of excellence;
- Providing a foundation for informed decision making with research; and
- Generating greater public awareness about health research.

http://www.nshrf.ca/





Council of Canadian Academies Conseil des académies canadiennes

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Fonds de recherche Santé

Québec 🖁 🕏

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The mission of the Fonds de recherche du Québec – Santé (FRQS) is to:

- Promote/provide financial support for all areas of research in the field of health, including basic, clinical and epidemiological research, research in the field of public health and research in the field of health services;
- Promote/provide financial support for the dissemination of scientific knowledge in fields of health research;
- Promote/provide financial support for the training of researchers through merit scholarships for graduate and postgraduate students and persons who engage in postdoctoral research and through professional development scholarships for persons who wish to reenter the research community;
- Create any necessary partnership, in particular with universities, colleges and health care institutions, and the government departments and public bodies concerned http://www.frq.gouv.qc.ca



ONTARIEN

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Ontario has more brain scientists than almost any jurisdiction in the world. Our task at the OBI is to draw those researchers together into seamless, convergent partnerships with clinicians, industry, patients and their advocates. The goal: to facilitate the kind of continual interaction and discovery among these players that delivers innovative services and products for brain-related health care. The OBI is a government-funded, not-for-profit initiative whose scope spans the entire continuum of brain science and treatment. A virtual research centre, our projects and programs are focused on bringing actors and elements together to enable their interaction.

http://www.braininstitute.ca







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The Schulich School of Medicine & Dentistry at Western University has a long tradition of excellence, beginning with founding of the medical school in 1881 and continuing with the formation of the dental school in 1964. Our reputation has been built by dedicated teachers, breakthrough discoveries, our commitment to social responsibility and our affinity for strategic partnerships. Today, Schulich Medicine & Dentistry is a leading Canadian centre of outstanding education and research shaping health care for the next generation. http://www.schulich.uwo.ca/index.html



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We are unique in Canada as a Faculty that trains physicians, nurses, physiotherapists, occupational therapists, physician assistants and midwives to work together as part of effective health care teams to provide the finest patient care. The programs within our Faculty cover the spectrum of health care, including schools of medicine, nursing and rehabilitation science, as well as a midwifery program and a unique and popular undergraduate Bachelor of Health Sciences program. In 2008, we started Canada's first undergraduate program for physician assistants.

http://fhs.mcmaster.ca/main/index.html



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CNA is a powerful, unified voice for Canada's registered nurses. We represent registered nurses from 11 provincial and territorial nursing associations and colleges, independent registered nurse members from Ontario and Quebec and retired registered nurses from across the country. We advance the practice and profession of nursing to improve health outcomes and strengthen Canada's publicly funded, not-for-profit health system. The CNA speaks for Canadian registered nurses and represents Canadian nursing to other organizations and to governments, nationally and internationally. We give registered nurses a strong national association through which they can support each other and speak with one voice. http://www.cna-aiic.ca/en



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Representing more than 30,000 members across the country, the College of Family Physicians of Canada (CFPC) is the professional organization responsible for establishing standards for the training, certification and lifelong education of family physicians and for advocating on behalf of the specialty of family medicine, family physicians and their patients. We play a key role in maintaining the reputation of excellence of family medicine training. We encourage and support high standards of medical education at all levels, accrediting postgraduate family medicine training in Canada's 17 medical schools, .and developing a range of programs and services in continuing physician education.

http://www.cfpc.ca





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ONF is a catalyst for change - change that improves the quality of life for those living with a neurotrauma injury, and reduces risk of these injuries across the province of Ontario. ONF's approach is to help identify needs and gaps in practice or policy through research. It supports the implementation of these practices in a sustainable manner at a provincial level. ONF uses a strategic funding approach. By working with global partners, ONF positions Ontario in an international marketplace. Although ideas and evidence are global, implementation is local. ONF takes research and knowledge mobilization even further, by focusing on implementation in order to close existing gaps between research and practice. https://onf.org/



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The mandate of Research Manitoba is to promote, support and coordinate the funding of, research in the health, natural and social sciences, engineering and the humanities in Manitoba through a number of grants and awards programs from moneys received from the Province. Research Manitoba brings together the Manitoba Health Research Council (MHRC), the Manitoba Research and Innovation Fund, the Health Research Initiative, and the Manitoba Centres of Excellence Fund. Health research funding focuses on the support of new and mid-career investigators through the New Investigator Operating Grants and Mid-Career Operating Grants. In addition, salary support for trainees is provided through Clinical Fellowships, Co-ordinated Postdoctoral Fellowships and Co-ordinated Graduate Studentships. http://researchmanitoba.ca/







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 $\underline{www.heartandstroke.ca}$

La Fondation des maladies du cœur et de l'AVC a pour mission de prévenir les maladies, préserver la vie et favoriser le rétablissement. En tant qu'organisme bénévole de bienfaisance en santé, nous nous efforçons chaque jour d'améliorer de façon tangible la santé de toutes les familles du pays. « Ensemble, éliminons les maladies du cœur et les AVC pour vivre en santé. » www.fmcoeur.ca

